



## LIFE GROUP STUDY NOTES

---

Wednesday 16 April 2014

**TITLE:** STRENGTH FOR THE WEARY

**TEXT:** Isaiah 40:27-31

*27 Why do you say, O Jacob, And speak, O Israel: "My way is hidden from the Lord, And my just claim is passed over by my God"? 28 Have you not known? Have you not heard? The everlasting God, the Lord, The Creator of the ends of the earth, Neither neither faints nor is weary. His understanding is unsearchable. 29 He gives power to the weak, And to those who have no might He increases strength. 30 Even the youths shall faint and be weary, And the young men shall utterly fall, 31 But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.*

### INTRODUCTION

Our study this week is drawn from Isaiah 40. It addresses issues of despair and tiredness as we travel along life's journey. There are invaluable lessons from this passage of God's Word. Embrace them and soar high like an eagle!

### QUESTIONS FOR DISCUSSION & REFLECTION

1. Who is the Lord addressing in this passage? What was special about these people? Is there anything equally special about us as Christians today?
2. What TWO things were these people of God saying (v27)? Does it sometimes feel like that in your life too?
3. What TWO questions did the Lord ask His people in verse 28a? How important is it to remember what we have known and heard?
4. What FOUR characteristics of His nature did God point out in v28b? How does that help our faith?
5. According to v29, what TWO things does God do for us? Do you need that today?
6. What TWO groups of people are referred to in v30? What does that teach us about relying on natural vigour?
7. What should we do instead (v31)? What is to "wait upon the Lord"?
8. What FOUR results happen to those who "wait upon the Lord" (v31)? Discuss the meaning of each result in our everyday lives.
9. Will you end by decreeing and declaring this word of God?