



LIFE GROUP STUDY NOTES

Wednesday 21 January 2015

TITLE: *HOW OLD ARE YOU SPIRITUALLY (II)?*

TEXT: *Hebrews 5:12-14*

12 For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food. 13 For everyone who partakes only of milk is unskilled in the word of righteousness, for he is a babe. 14 But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

INTRODUCTION

This week we continue reflecting on the importance of knowing the levels of growth God expects of each one of His disciples. In as much as you are quite certain about your natural age, our Lord expects you to be aware of and live up to your spiritual maturity level.

QUESTIONS FOR DISCUSSION & REFLECTION

1. According to Hebrews 5:12, what level should the believers be at “by this time”?
2. What does the phrase “by this time” suggest about the importance of our rate of spiritual growth in God’s eyes? Does the pace of your growth matter to our Heavenly Father?
3. What had happened to the spiritual advancement of the believers addressed in Hebrews 5:12? Were they increasing or decreasing, rising or falling? Why?
4. Personally, do you think you have sufficiently grasped the “first principles of the oracles of God” and moved on? Why or why not?
5. According to v13, what TWO things are true of a spiritual babe?
6. What does it mean to be “unskilled in the word of righteousness”? Can we be skilled in other religious things but unskilled in the Word? How can we improve our skill in the Word?
7. According to v14, what TWO things are true of spiritual adults?
8. What is “solid food” spiritually? How keen are you to receive spiritual “solid food”?
9. What can you do to sharpen your appetite for the deeper things of God?
10. What are the senses referred to in v14? How do our natural senses (faculties) shed light on our spiritual senses? How can you exercise (train) your spiritual senses?